



Eastern New York Region

Narcotics Anonymous

Regional GSR ASSEMBLY

What: All Members Welcome

**Small Group Discussions, workshops & info sessions
World Service Conference (WSC) update; See how you
and the fellowship voted; status of upcoming projects**

Help plan the future of NA & our region

Come and share your vision

Food, FUN & Fellowship

Where: St. Margaret's School

66-10 80th St. Middle Village, Queens, NY

Cross Street is Juniper Valley Rd.

Free event / Free Parking

When: August 18th at Noon

Save the date

For free event info & pre-registration:

Visit: nanewyork.org / email: mr.recoveree@netzero.com

Being of Service - BEST feeling in the world

How do I get involved in NA?

- Practice being of service at your home group, assist with hospitality and greeting those coming in who are new to the meeting.
- Start with Hospitality, move onto Chairing or becoming the Secretary then try your had at being an Alternate Group Service Representative
- Learn about our Traditions and Concepts by working with a sponsor and your fellow Home group members
- Join a sub-committee that interests you at Western Queens Area (WQA)
- Explore the WQA website and na.org to learn about available resources
- Read the booklet called The Group and the Guide to Local Services
- Attend group business meetings and ask for & read area minutes
- Volunteer to speak at H&I meetings and help carry our message
- Attend Learning days, Assemblies & CAR workshops to learn more

Open Commitments for Western Queens Area

Vice Chair - Requirement: 1 yr clean time & Roberts Rules

Treasurer - Requirement: 2 yrs clean & legal source of income

Assistant Treasurer - Requirement: 1 yr clean & legal source of income

Events & Activates - Requirement: 2 yrs clean & legal source of income

Newsletter - Requirement: 1 yr clean; interest in writing and a computer

Speaker Exchange - Requirement: 1 yr clean time

Tax Liaison - Requirement: 1 yr clean time

Policy Review - Requirement: 1 yr clean time

Secretary - Requirement: 1 yr clean time; a computer & email access

Nominations for Positions in Eastern NY Region

- Recording secretary - Requirement: 3 yrs clean & good note taking skills
- Regional Hospitals & Institutions Chair: Requirements: H&I service
- Literature Review Chair - help contribute to our Literature projects
- WebServant Assistant - Help maintain our regional website while being mentored in service Requirements: Knowledge of HTML
- Meeting list coordinator - Help us make sure people find meetings and that they are open - Requirements: must have a pc
- Policy Chair - Help the region stay organized and regional meeting running smooth

Service Mentors available for all the positions to help guide you in your service. For info email najourney@yahoo.com